



This list is circulated to local charities and organisations, it is also posted on social media – please check for updates!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>BASIC LIFE POP UP* 11AM – 12PM LANGLEY AVE IP11 2NA</p> <p>MANNA POP UP** 6.00PM – 7.15PM CHRIST CHURCH GRANGE FARM AVE IP11 2XD Jul 6, 20 Aug 3, 17, 31 Sep 14, 28 Oct 12, 26 Nov 9, 23 Dec 7, 21 Jan 4, 2027</p>	<p>POP UP SHOP** 11AM – 12PM ST PHILIPS CHURCH WADGATE ROAD IP11 2LY</p>	<p>PARISH PANTRY 10AM – 11AM ST EDMUNDS LANGER ROAD IP11 2HR <i>(After hours perishable food may be available in outside huts)</i></p> <p>SALVATION ARMY 10AM – 1PM COBBOLD ROAD IP11 7EL</p>	<p>POP UP SHOP* 10.45AM – 12PM ST PETER & ST PAUL CHURCH ROAD IP11 9NF</p> <p>ST PHILIPS COMMUNITY HUB & CAFÉ 10AM – 1.30PM WADGATE ROAD IP11 2LY <i>(Emergency Food only)</i></p>	<p>PARISH PANTRY 10AM – 11AM ST EDMUND'S LANGER ROAD IP11 2HR <i>(After hours perishable food may be available in outside huts)</i></p> <p>BASIC POP UP SHOP* 11AM – 11.30AM RIVER OF LIFE CHURCH CARR ROAD IP11 2FS</p> <p>CUPPA From about 10.30am 81 HIGH ROAD WEST FELIXSTOWE <i>(After hours perishable food may be available in outside huts)</i></p>		<p>PARISH PANTRY 12PM – 1PM ST EDMUNDS LANGER ROAD IP11 2HR <i>(After hours perishable food may be available in outside huts)</i></p>
<p>The Compass is a Charitable Incorporated Organisation, registered by The Charity Commission for England and Wales, registration number 1195270.</p>						